

You are cordially invited to

The Twilight Infant/Parent Program

Instructed by Pat Van Buskirk
Sponsored by the Moorpark/Simi Valley Neighborhoods for Learning

Please accept this special invitation to join our evening parent education program especially designed for working parents and their children ages birth to two years. It is an evening filled with activities for your infant or toddler and great discussion for you and your spouse.

Topics will include but are not limited to:

- Parenting from the inside out
- Attachment and bonding
- Building your child's self esteem
- Positive discipline
- Play is the work of children
- Celebrating your child's development
- Linking to community resources

It's Free!!

Call Now!!

Two experienced teachers will help supervise age appropriate activities for your child and dinner will be provided for your entire family. Siblings are welcome if no other childcare available.

Class meets every Monday evening for 8 weeks.

Space is limited! THE PROGRAM IS FREE!! First come first serve!!!

**Call now to reserve your spot!!
(805) 955- 7148**

Requirements:

- You have a child between the ages birth to two years
- One or both parents work **and/or** are unable to attend daytime parenting classes due to lack of time, energy, or finances
- You must be able to join us for the majority of the 8 week session from 5:30-7:30 p.m. on Mondays
- You live in Simi Valley or Moorpark

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